

# The Times of *Humanities*



Humanities  
Club

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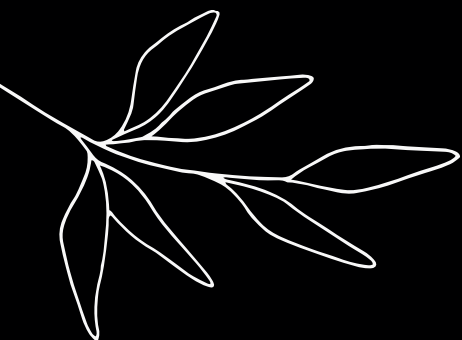
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# Behind the Cover: A Tribute to Teaching



For our September issue, the theme is Teachers' Day, a chance to pause and recognize the monumental effort that shapes our academic lives. Since this is a holiday we don't always celebrate widely, we decided to kick off the recognition ourselves!

To mark the occasion, our cover features a small, representative selection of faculty from the Humanities department. They stand as a symbol of the passion, dedication, and expertise present in every member of our teaching community.

This cover is our way of celebrating the faculty's spirit of mentorship and academic excellence. Thank you to all our professors who challenge our minds and support our growth, you are the heart of this college. We hope you enjoy this issue dedicated to the power of teaching.





# During Summer



## Dean's Award

We want to give a huge shout-out to Dr. Ajitha from our department! This summer, she was honored with the prestigious Dean's Award for Exemplary Academic Staff. This award officially recognizes her outstanding dedication to teaching and service. Dr. Ajitha is a fantastic member of our faculty, and we're proud to see her commitment recognized by the Dean. Congratulations, Dr. Ajitha!

Our club was proud to volunteer at the Alumni Night! A huge thank you to all the members who dedicated their time to making the event seamless. Our volunteers focused on making sure every guest felt welcome, helping with check-in and efficiently seating people for the main program. It was a fantastic opportunity to connect with alumni and represent the Humanities Club. We appreciate your excellent dedication and organizational skills!



## Alumni Night





The interactive workshop "Beyond Awareness — Deepening Emotional Understanding for Future Psychologists" provided students with an engaging and reflective experience. Led by Ms. Heba Butovitel Karakad, a clinical psychologist and proud alumna, the session explored emotional awareness through activities, empathy exercises, and discussions, fostering deeper emotional insight and professional growth among future psychologists.




## Workshop

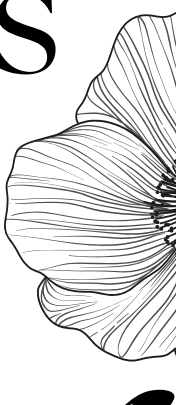


## Graduation Celebration

We couldn't let our beloved club President graduate without a proper send-off! The officers recently organized a small, surprise celebration to honor her achievement. Our President has led the Psychology Club with passion and dedication, and this was our chance to say thank you and wish her the very best on her next chapter. Congratulations on graduating—we are so proud!



# How Educators Shape Our Well-Being



College is often a marathon of stress, and the people running the classrooms—our educators—play a huge, often unseen role in how we handle it.

Think about the tone they set. When a professor is understanding, when they offer clear expectations instead of impossible pressure, they create a space where our brains can actually relax and learn. They become an invaluable buffer against the anxiety that's so common here.

This is a two-way street. A kind word during office hours or a moment of empathy can be the exact little bit of human connection we need to keep going. Our educators are not counselors, but by fostering a climate of support, they become crucial daily allies in keeping our heads in the game and our mental health on track.





# From an Educator

I want to tell you a story about a problem I had last summer. The problem was with the course "Introduction to Literature," or ENG 201. I want to be honest about my mistakes and how another teacher, Dr. Maryam, kindly helped me.

ENG 201 has never been my favorite class to teach. I really love complicated literary theory, but this course is for beginners. It needs simple and clear explanations. For me, teaching this course always feels difficult. It is like I am trying to use a big, difficult map when the students just need simple directions. I always find myself in other linguistic courses, but not literary ones.



*Dr. Younis*

ENGLISH LANGUAGE DEPARTMENT

Last summer, I agreed to teach ENG 201 because someone needed to do it. But I quickly started having problems. My lessons were too complex, and the students looked confused. When we talked about a simple poem, I would give them a long, difficult history lesson instead. I could see that the students were losing interest. I felt that I was not being a good teacher for them, and that was a very bad feeling since I always would be well assessed by students at the end of each semester.

The biggest problem came in the middle of the semester. I read the students' essays, and they were not good. The students did not understand the main ideas because I had not explained them well. I knew I had to do something. It was hard to admit I was failing, but I went to our department head, Mr Hilal and told the truth. I said, "I am not the right teacher for this class."

This was when the situation got much better. Dr. Maryam agreed to take over the class. She was a huge help. She can explain difficult ideas in a very simple and interesting way. She took my complicated notes and made them easy to understand. The same students who were quiet in my class became active and happy in hers. She didn't just take over the class; she saved it and directed on the right path.

In the end, my story has a happy ending. I learned that it is okay to not be good at everything. The most important thing is to do what is best for the students. I caused a problem by trying to teach a class that was not right for me, but Mr Hilal and Dr. Maryam solved it with her skill and kindness. I am very thankful to them for their help.

# Literature

## The Day's Last Breath

By Ali Hadi (OLS, Sophomore)

ما هي أكبر مخاوف الشمس؟ أن ينطفئ نورها؟ أم  
أن تختفي الكواكب التي تُنيرها؟  
في كل مرة أُعَرِّض عينيَّ لِشَعْتِهَا مباشرةً، أرى  
انعكاسًا  
لي فيه،  
فخوفها من انطفاء نورها هو خوفي من النظر في  
المرآة، ورؤية ما آلت إليه نفسي  
وخوفها من أن تختفي الكواكب التي تُنيرها هو  
خوفي من أن يراني مَنْ يُحِبُّني كما أرى نفسي.

What is the sun's deepest dread?  
That its flame might wane?  
Or that the worlds it bathes in light might drift into oblivion?

Each time I dare to meet its gaze,  
I glimpse my own reflection burning there.

Its terror of fading fire is my terror of the mirror—  
to behold what my spirit has become.  
And its fear of losing the orbs it warms  
is my fear of being seen, by those who love me,  
as I truly see myself.





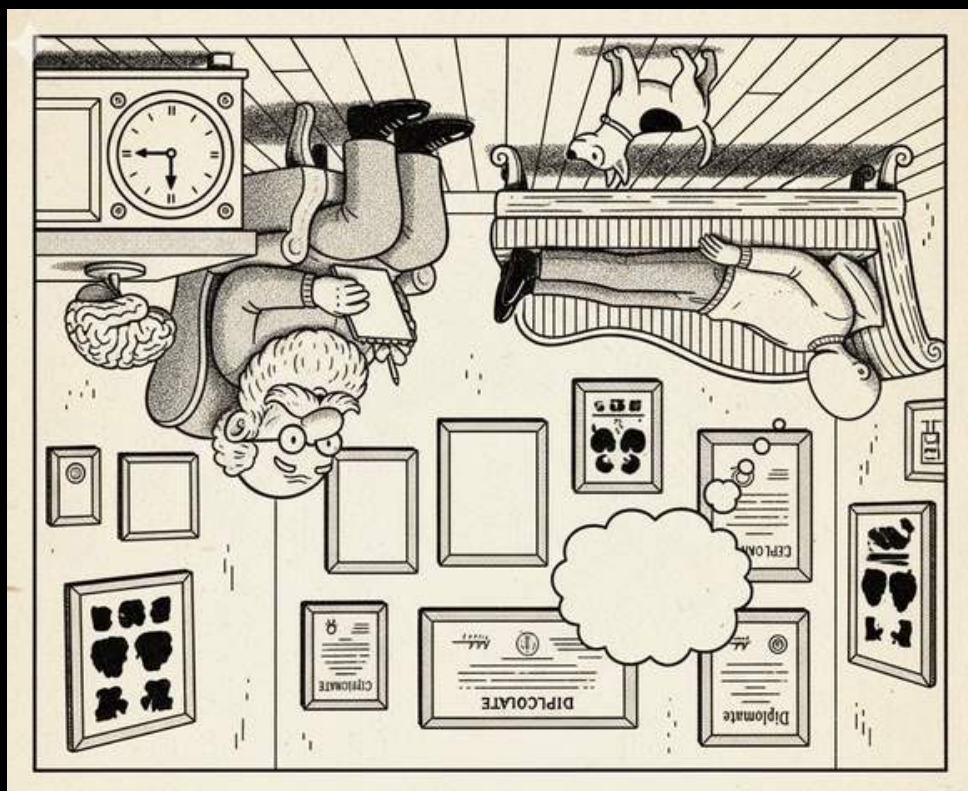
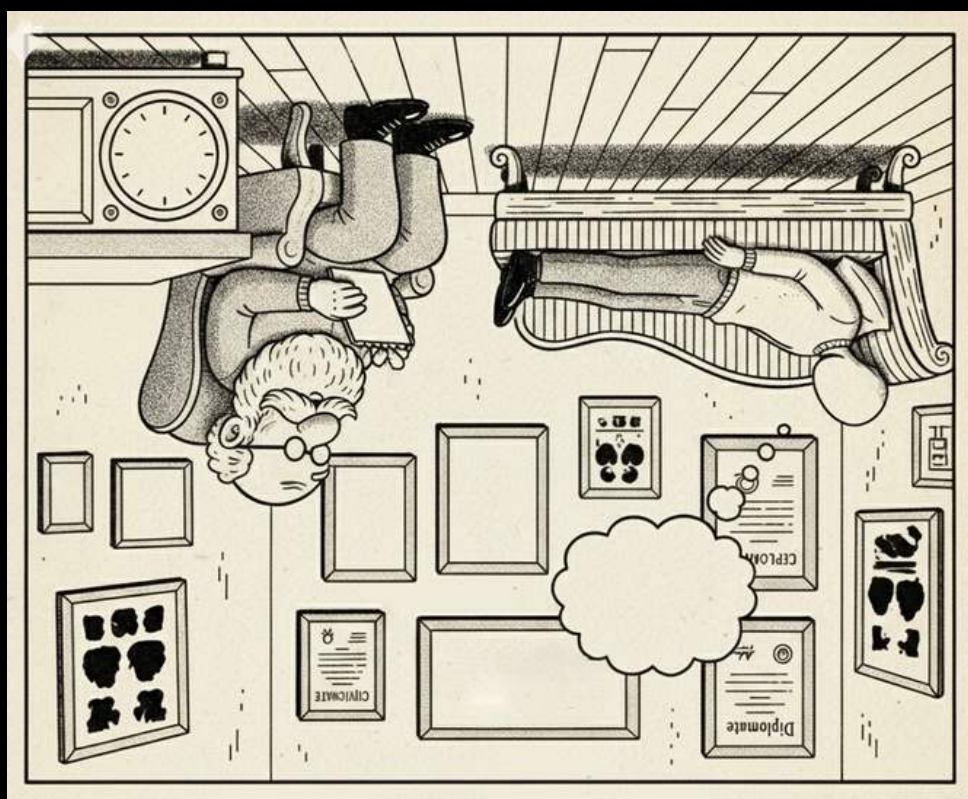
## Within the Grey

By Ronak Rouhani (Psy, Sophomore)

Between certainty and doubt lies the human psyche complex, reflective, and endlessly searching for meaning.

1) psychologist's eyebrow, 2) psychologist's eyes, 3) the brain, 4) clock hands, 5) diploma, 6) dog, 7) psychologist's pen, 8) client's ear, 9) the call button.

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HINT: 9 ITEMS

# Search What's Missing





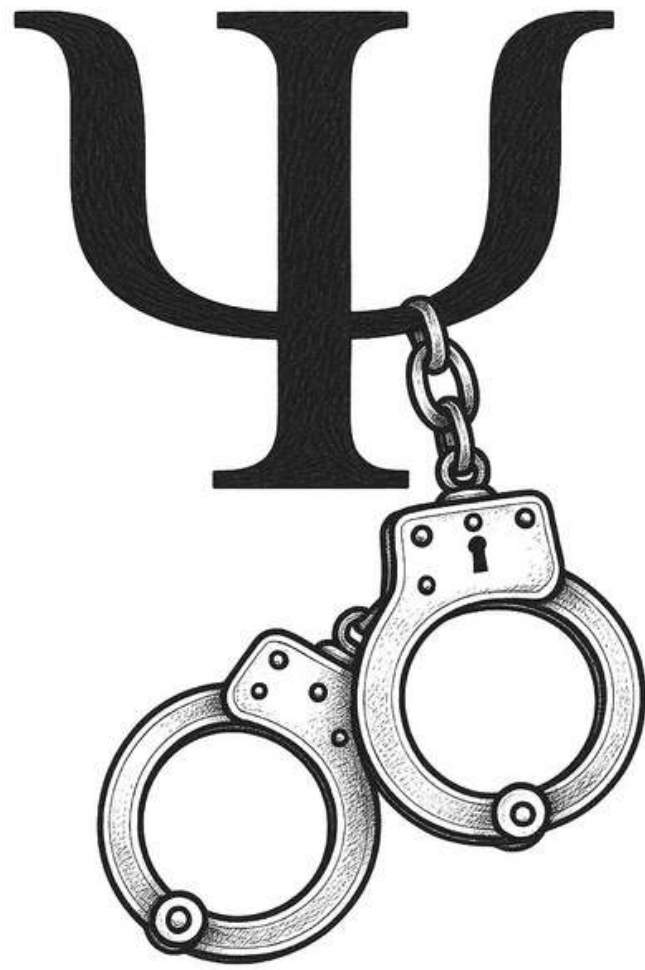
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# Where To Find Us



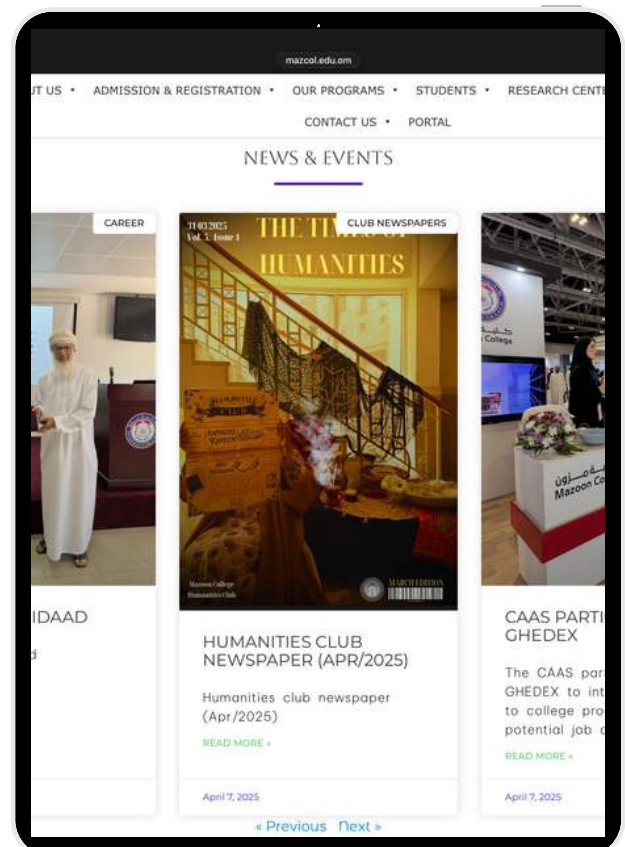
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